

Inspiring re-inspiration

There is a profound difference between a caring manner which calls upon known skills and techniques and tuning into the inspirational moments of your cared-for person.

As we mentioned, *you* have to rediscover *your own* moments of inspiration and carry the feelings they arouse in *you* into the presence of your cared-for person.

The profound difference arises from a quality which we ALL possess but which remains in the “*twilight zone*” of our toolbox!

Common sense people tend to dismiss it as ridiculous nonsense, dementia sense people who experience it every day, would call it *uncanny*.

We can ALL sense something we might call an intuitive awareness and it is common to hear people saying “I *knew* that would happen!”

Or, “You’ve taken the words right out of my mouth!”

This type of contact between people has been described as synchronicity and there are books full of the history and frequency of it. Most of us, *know* about but have dismissed it as a *weird* happening.

I am **ADVOCATING** it for this age of behaviour, associated with the new era of prolonged life symptoms. Until recently, they were considered as old-age problems. They are **not** old-age problems, they **are** new, age problems.

As soon as we notice that certain types of event “like” to cluster together at certain times, we begin to understand the attitude of the Chinese, whose theories of medicine are based

